

# MINUTES OF THE WASHOE COUNTY HUMAN SERVICES AGENCY SENIOR ADVISORY BOARD MEETING

August 13, 2025

Washoe County, 1001 E. 9<sup>th</sup> Street Reno, NV Building A, County Commission Chambers

&

Zoom Webinar

https://zoom.us/j/92347908306?pwd=K2k5UGdYSEVXVGNuRGFPZ3pub2kwQT09

- **1. Call To Order [Non-Action Item] -** Meeting was called to order at 3:00 p.m. by Chair Pamela Roberts.
- **2. Roll Call [Non-Action Item] –** There was a quorum present via in-person and through Zoom meeting.

### WASHOE COUNTY SENIOR SERVICES ADVISORY BOARD MEMBERS:

PRESENT ABSENT (EXCUSED\*)

Denise Myer Pamela Roberts Thuy Tran

Adolfo Correa Mary Ann McCauley

Edward Lamb Mac Rossi

JoEllen Keil Patricia Gallimore
Thuy Tran Benecia Price
C. Mark Neumann Craig Bronzan

Mary Ann McCauley

#### WASHOE COUNTY STAFF PRESENT EX-OFFICIO PRESENT ADVISOR PRESENT

Cara Paoli Donald Abbott Donna Clontz
Chris Lopez Sue Meuschke

Herb Kaplan William Martinez

3. Public Comment [Non-Action Item] -

No public comment was made.

4. Approval of the Minutes from the Advisory Board Meeting on July 9th, 2025 [For Possible Action] Advisory Board members may identify any additions or corrections to the draft minutes as transcribed.

**Attachment: WCHSASAB** 

Pamela Roberts made a correction on the July 9th meeting with Agenda item #7 changing the wording from "term expiring" to "resigning". Pam made an additional correction to the July 9th agenda item #8, making a spelling correction from "fulfill" to "fill".

Benecia Price wanted to point out that she did not actually sample the Bibimbap meal, only indicating that the meal did not match the image of the meal she researched online.

C. Mark Neumann made a motion to approve the amended minutes for July 9<sup>th</sup>, seconded by Patricia Gallimore.

Mac Rossi made a motion to approve the July 23<sup>rd</sup> minutes, seconded by Mary Ann McCauley.

**5. Presentation on the OnMed Carestation [Non-Action Item] Caroline Linnane – (10 min)** Caroline Linnane described the OnMed Carestation as a clinic in a box where a clinician can assess patients virtually. OnMed is able to take vital signs, provide e-prescriptions, refer to specialists, and give out care plans. There is no service cost, and the Carestation is intended for anyone two and older. There was a video presentation explaining that the doors are locked & the windows blurred for privacy during a screening, and a typical consultation lasts 20 minutes. After each client use, there is a sanitation cycle to clean between clients. Caroline confirmed this is the first and only OnMed Carestation in Nevada with enough funding for a year. OnMed is also able to dispatch an ambulance if there was an emergency and view electronic medical records if the client chooses to share them with OnMed. Caroline mentioned the type of clinicians employed by OnMed are usually Nurse Practitioners.

### 6. Update on Age Friendly Reno and Age Friendly Washoe [Non-Action Item] – Donna Clontz (5 min)

Donna Clontz stated Washoe County has been accepted as an Age Friendly County and is in the process of creating an action plan. Donna plans to use some objectives in the Senior Advisory Board master plan to add into the AARP action plan. They used three objectives from City of Reno to help make Washoe County more age friendly. These objectives involved transportation, affordable housing, and distributing information about services and resources out to the senior community. Once an action plan is created, a report is sent to AARP, approving the action plan.

Pamela Roberts suggested waiting until the final draft of the Advisory Board master plan was ready to look at some objectives to refer to AARP.

Donna mentioned there would be collaboration with other age friendly communities to see what strategies & projects worked in their neighborhood. The age friendly movement is an international movement that began in 2012 in where a community focuses on things that will help the elderly remain in a community. By focusing on areas such as transportation, housing, food, socialization, health support, etc., these not only assist seniors, but in turn improve the entire community altogether.

### 7. Discussion and possible recommendations on the Masterplan and the final draft. [Action Item] –Mary Ann McCauley; Sue Mueschke (10 min)

Mary Ann McCauley stated the next step of the master plan is for board members to become involved in working on agenda items that they are interested in.

## 8. Discussion and possible recommendations on scheduling a Board Orientation [Action Item] – Pamela Roberts (5 min)

Pamela Roberts requested a board orientation to help inform new members of the board about the duties and responsibilities of becoming a board member. She also asked Senior Services staff to help train the board on how Senior Services operates so that the Board could be as effective as possible with helping Senior Services.

Herb Kaplan suggested reaching out to the County Boards to see if there was already a board member training in place.

## 9. Discussion and possible recommendations regarding a vacancy for District 5 and two vacancies for Alternate Member positions [Possible Action Item] (10 min)

Pamela Roberts explained how important alternate positions are as they can fill in for regular board members, participate in discussions, and vote on motions. She discussed how the Senior Advisory Board can make recommendations to fill vacant positions, but that the Board of County Commissions ultimately makes the decision.

## 10. Discussion and introduction of applicants interested in applying for Board vacancies [Possible Action Item] (1 hour)

a) Introduction from Michael McMahon (District 4)

Michael was present in person. He is retired, is a licensed social worker, and has a 40 plus year in health and human services in a private, national, state and local government level. He plans to participate, support, and add value to the community.

b) Introduction from Karyn Leavitt Grow (District 2)

Karyn was present in person. She has lived in Washoe County since 1976, is retired, and was a nurse for 37 years. She has experience as a systems director helping develop programs which helped develop behavior, social, and physical aspects of people. She worked with 5 counties and two states helping identify resources in communities to help develop programs within the community. She was in the process of trying to get a senior center started in the Truckee/Tahoe area.

c) Introduction from Kathy Benson (District 1)

Not present.

d) Introduction from Lisa Shaffer (District 1)

Not present.

e) Introduction from Tinna Ostrom (District 4)

Not present.

f) Introduction from Mary Ann Tarver (District 4)

Not present.

g) Introduction from Ben Sanchez (District 3)

Not present.

h) Introduction from Monika Webb (District 5)

Monika was present on zoom. She is from Bolivia, and was a Spanish instructor for Truckee Meadows Community College for 40 years. She curently has her own business as an interpreter, and knows the challenges the senior population deals with having provided expensive care to her own father until his passing.

i) Introduction from Karen Ross (District 2)

Not present.

j) Introduction from John Gwaltney (District 4)

Not present.

k) Introduction from Alan Di Stefano (District 4)

Alan was present in person. Alan is a disabled senior and has been a resident of Washoe County for 41 years. His previous experience includes working for the Governer's Office of Economic Development, being appointed to the advisory board of the U.S. Secretary of Commerce, the advisory board of the U.S. Trade Representative, and he is currently on the Board of Director's for the mining company. He is also a business owner distributing environmental testing equipment around the world.

I) Introduction from Theresa Hill (District 2)

Not present.

m) Introduction from Bob Barry (District 4)

Not present.

n) Introduction from Frank Jerant (District 4)

Not present.

o) Introduction from Brian Erbis (District 2)

Not present.

p) Introduction from Elliott Kent (District 5)

Not present.

q) Introduction from Dennis Williams (District 5)

Not present.

r) Introduction from Linda Massie (District 2)

Not present.

s) Introduction from Ann Guinn (District 1)

Ann was present via Zoom. She has personal first-hand experience with Seniors caring for her father and her mother who had Alzheimer's. She is currently a law practice management consultant, teaching attorneys how to run a business. Ann has been on the Washington State Bar Association Committee for 20 years. She is also disabled and is looking to improve many areas in Washoe County for the disabled.

t) Introduction from Trisha Elloyan (District 5)

Not present.

u) Introduction from Julie Wilson (District 5)

Not present.

v) Introduction from Christine King (District 5)

Christine was present in person. She is a retired social worker, a 12-year veteran Navy officer with a master's in financial management. When her father needed a long-distance caregiver, she returned to the University of Nevada to obtain a master's degree in social work. She has worked in the adult mental health unit at West Hills Hospital, and the State of Nevada Aging & Disability Division, a hospice social worker at St. Mary's, while volunteering for Red Cross and Care Chest.

Pamela Roberts suggested giving the other applicants another chance during the September meeting to introduce themselves to the Board in case there were extenuating reasons an applicant was unable to attend today's meeting. Sue Mueschke pointed out that when she had previously applied to the board, she was only given a day's notice to attend the meeting. Mary Ann suggested on the email invite to the applicants to change the wording so that it states applicants are expected to show up and speak to the board.

C. Mark Neumann made a motion to extend this agenda item to the September Advisory Board meeting, seconded by Denise Myer. Motion passed unanimously.

## 11. Updates from Washoe County Senior Services [Non-Action Item] – Cara Paoli, Human Services Division Director, Adult and Senior Services (15 min) Attachment: WCHSASAB

Abby Badolato asked if any board members were interested in participating in the Senior Services volunteer committee to contact her. Senior Services put in an application for a refrigerated van and mobile kitchen trailer to help service remote areas in South Reno. They also applied for a \$50,000 grant with United Healthcare to help with pest control services and associated costs such as moving and relocation fees. Additional funding was requested for transportation with the Pearls (Program to Encourage Active, Rewarding Lives) program, funding for activities, and nutritional grant funding from the state for home-delivered meals and congregate meals. For activities, Sparks Senior Center has Fun Friday's every 2<sup>nd</sup> Friday of the month serving Ice Cream. City of Reno and Senior Services has collaborated to host their first

dance party on July 29<sup>th</sup> with a live DJ and ice cream served to the public, which had a huge turnout. On September 2<sup>nd</sup>, there will be two events. There will be a State of the County event at 2pm in the Chambers to discuss quality of life, community involvement, CABs, attainable housing and eviction mitigation, and behavioral health. In the morning from 9am – 2pm, there will be the Senior Fest event at Town Mall.

Cara Paoli informed about the OLLI Member orientation on September 5<sup>th</sup> at 604 W. Moana Lane. She also stated they will be looking to fill the activities coordinator position

### 12. Update on Sparks current activities for seniors [Non-Action Item] – Donald Abbott, Sparks City Council Ward 1 (5 min)

Donald Abbott informed about the planter's box at the Sparks Senior Center donated by Councilwoman Vanderaal, Moana Nursery, and the Carpenter's Union.

### 13. Update on Reno Senior Citizen Advisory Committee regarding their current activities [Non-Action Item] – Izabella Baumann, City of Reno Activities Coordinator (5 min)

Chris Lopez spoke on behalf. Izabella Baumann mentioned some summer events such as the Dragon Lights and the Automobile Museum line art classes. For additional information visit Reno.gov/Seniors to sign up for the newsletter.

Donna Clontz stated she attended Reno City Council, and that there are no plans to terminate the Reno Senior Advisory Board.

### 14. Update on Northern Nevada Legal Services [Non-Action Item] – Sarah Molleck, Northern Nevada Legal Aid Supervising Attorney (5 min)

No one present for Northern Nevada Legal Services.

## 15. Advisory Board Members' announcements, reports, and updates to include requests for information or topics for future agendas [Non-Action Item]. (No discussion among Advisory Board Members will take place on this item.) (5 min)

Pamela Roberts stated we will give another opportunity in September for applicants to introduce themselves to the Senior Advisory Board. There will also be a scam presentation by Timothy Johnston from the Better Business Bureau and a Masterplan update.

C. Mark Neumann is requesting an agenda item for putting a Seniors Christmas tree in the Sun Valley Senior Center. There is a Veteran's breakfast at the Sun Valley Senior Center on November 8<sup>th</sup>.

Mac Rossi requested a presentation from the Sheriff's Department about their meal program.

### 16. Public comment [Non-Action Item]

Comments heard under this item will be limited to three minutes per person and may pertain to matters both on and off the Advisory Board agenda. Comments are to be made to the Advisory Board as a whole.

Cindy Leslie mentioned a 2<sup>nd</sup> Craft Fair at the Sun Valley Senior Center on Saturday, November 15<sup>th</sup> from 9am to 3pm. The money raised is used for activities such as mini golf, movies, etc.

### 15. ADJOURNMENT [Non-Action Item]

Meeting was adjourned at 4:49 p.m. by Chair - Pamela Roberts.